

Grocery List

RECOMMENDATIONS



BREAKFAST ITEMS

- Coffee filters
- Coffee / tea
- Sugar
- Orange juice
- Fruit juice
- Oatmeal
- Cereal
- Waffle / pancake mix
- Bread
- Muffins
- Pastries
- Granola bars



MEAT / DELI / SEAFOOD

- Canned tuna
- Frozen dinners
- Hot dogs
- Deli meats



PRODUCE

- Fresh fruits
- Vegetables



BAKED GOODS

- Cake mix
- Cookie dough
- Frosting
- Baking soda



PASTA

- Pasta
- Pasta sauce
- Macaroni and cheese



DAIRY

- Milk
- Creamer
- Eggs
- Butter
- Cheese
- Yogurt



SNACKS

- Beef jerky
- Potato chips
- Dried fruit
- Popcorn
- Trail mix



CONDIMENTS / SPICES

- Ketchup
- Mayonnaise
- Mustard
- Jam / jelly
- Salt / pepper
- Peanut butter
- Maple syrup